

RESTED PIERCE READY FOR PLAYOFF RUN

THE VETERAN CREDITED HIS COACH FOR A BIG GAME 1 FINISH. PAGE 24

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Tuesday, April 22, 2014 www.metro.us | t: MetroNewYork | f: MetroNewYork



Stuck on you.

A doctor in Brooklyn uses leech therapy to help patients treat everything from heart disease to signs of aging.

Sticky issue.

Practitioners say the technique increases blood circulation and is good at helping cure ailments, while others say that more research needs to be done. PAGE 02

Got some time to read these rhymes?

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What to check out at Tribeca today

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Florida has the 'Keys' to eco-friendly adventure

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Politically correct parenting made easy

PAGE 20

BROOKLYN BLOODSUCKERS

Dr. Viktoriya Bakcheva checks on a patient who is getting leeches in Bensonhurst, Brooklyn. / BESS ADLER, METRO



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1 NEWS

Environment

Earth Day tip of the day

Metro is pleased to announce we are once again partnering with Earth Day New York for this year's Earth Day.

Earth Day New York has a simple tip that will green the environment and save New Yorkers money.

Did you know that lighting accounts for 15 percent of home energy use? If you swap the five incandescent light bulbs you use most for compact fluorescents, you can save \$60 each year on electricity, according to Earth Day New York.

Be sure to visit Earth Day New York's 2014 events in Union Square from 11 a.m. to 7 p.m. today! Check out the green vehicle runway show, green travel exhibition, kids' activities and live performances.

For more tips on how to help save the environment, visit Earthdayny.org.

See more at
www.metro.us



Viktoriya Bakcheva and Alicja Kolyszko talk while a patient is undergoing a leech therapy treatment in Brooklyn. / BESS ADLER, METRO

New Yorkers leech on to alternative medicine

Parasites. Can this age-old technique help treat your medical woes?

At a medical office near Bensonhurst, Brooklyn, a 24-year-old woman prepared to get her blood sucked.

Zena, who asked to be identified by her nickname, has been trying to get pregnant for three years without success. She found information online about leech therapy, also known as hirudotherapy, as a fertility treatment.

This was Zena's third treatment in two weeks. OB-GYN Viktoriya Bakcheva, M.D., D.O., reached

into a glass jar filled with water — and leeches. She placed the squirming black worms onto Zena's stomach until they attached.

"Just breathe," advised Bakcheva. "Breathe easy."

Bakcheva's colleague and former teacher, Alicja Kolyszko, explained that leeches increase blood circulation and microcirculation and detoxify the liver.

Kolyszko added that leech saliva, which contains anticoagulant enzymes and improves blood flow, is crucial.

Zena, for her part, stayed calm. "I don't feel scared," she said. She admitted that it tingled a bit, but said it was painless.

Kolyszko is from Poland and Bakcheva hails from Russia, so the women grew

Getting leeches

"The secret is what the leeches put into the body."

Alicja Kolyszko

up in countries where no one bats an eyelash at leech therapy. She insists there's nothing outdated about leech therapy.

Not everyone agrees. Houman Danesh, M.D., director of integrative pain management at Mount Sinai Hospital, said he would not recommend leeches except for the purpose of increasing blood flow to a particular area. "I think it's on the outskirts of medicine," he said.

Tell that to Kolyszko,

who has spent the last 14 years practicing and teaching leech therapy at her school, the Academy of Hirudotherapy. She is a mother hen to 30 leech therapists in North America and constantly travels to visit her graduates.

For the past six to seven years, she has spent most of her time in New York.

As her session finished, Bakcheva removed the leeches and wrapped Zena's stomach, which oozed slightly with blood, with a diaper and tape.

Bakcheva said, "I tell my patients, 'Say thank you to every leech. She sacrificed her life for you.'"



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It can be taught

Lots of training

Kolyszko's students become Certified Hirudotherapy Practitioners by studying and training hands-on with her for more than 1,000 hours.

Kolyszko received training in Poland, Russia and the U.K. She and her disciples use leeches to treat everything from cardiovascular disease to aging skin.

They only use Hirudo medicinalis leeches from an FDA-approved distributor in North Carolina.

In Queens

World's Fair pavilion to briefly open doors for tours

Fifty years ago, Queens welcomed thousands of New Yorkers and visitors alike to the 1964 World's Fair pavilion.

On Tuesday, Queens borough leaders will launch an afternoon of tours through the old



The old pavilion
MARCO CATINI

pavilion in Flushing Meadows-Corona Park.

Volunteers will walk visitors through the Tent of Tomorrow, the open-air space whose floor once featured the world's largest map. It has suffered extensive damage over the years.

Those interested in attending can stop by the east of the Tent of Tomorrow at 10:45 a.m.
CHESTER JESUS SORIA

Brooklyn. Man dies after McDonald's fight

One man was killed and another was stabbed in the back after a fight broke out inside a Brooklyn McDonald's on Sunday night, police said.

The men were inside the Coney Island fast-food joint when the fight started around 11 p.m. before spilling onto a street corner, a law enforcement

official said.

Ezmond Harper, 20, was stabbed in the stomach and another adult male was hurt during the melee, police said. Harper was pronounced dead at Coney Island Hospital. The second man, who was not identified, was in stable condition at Lutheran Medical Center. ANNA SANDERS

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PLASTIC BAG BILL JUST ANOTHER TAX

The goal is eco-friendly and commendable: Curb the number of plastic bags going into landfills. But the result will have you paying more green at the register.

Last month, a bill was introduced in the City Council that, if passed, would charge a 10-cent fee for every plastic and paper bag given by street vendors and at supermarkets, bodegas and general mer-

Hitting the middle class

Plainly speaking, the plastic-bag fee is just another backdoor tax that I cannot, in good conscience, support.

chandise and retail stores. The proposed bill has the support of 21 council

members. Needless to say, I am not one of them.

New Yorkers shoulder the highest tax burden in the country; a recent study concluded that when it comes to the taxes state and local governments collect from residents, we rank No. 1.

Small businesses already comply with enough bureaucratic red tape, and many of my constituents

pay enough in high taxes, utilities and skyrocketing water and sewer charges.

The proposed bill unfairly exempts SNAP recipients from the fee, but makes no such accommodation for families not on public assistance but who are also struggling. If passed as is, the inequality gap in our city will become more apparent.

The Council has always

been a champion of the middle and working classes. Over the years, we've passed numerous legislation that has improved life for NYC residents.

I hope that we can refocus our energy on policies that create jobs, expand opportunities and help New Yorkers keep more of their money. I believe there is a way to rid ourselves of plastic bags, but I am

not convinced we need to nickel-and-dime (literally) people in the process.

Eric Ulrich is a councilman from Queens and Chair of the Committee on Veterans. Metro does not endorse the opinions of the author.



OPINION
ERIC
ULRICH
letters@metro.us

Opinion. New York City should take the lead in plastic-bag fight

As New York City transitions into spring, take a moment to observe our green space coming to life. In addition to the blooms, you may notice another, less picturesque element: plastic bags.

They're everywhere: blowing in the wind, caught in trees and clogging up storm drains just in time for April showers.

Nonbiodegradable and

difficult to recycle, plastic bags can take centuries to break down. Instead, they end up in our city's waste stream, exacerbating flooding and sewage discharges into our waterways. It's worth noting that plastic bags are the fourth most commonly found type of litter on U.S. beaches.

The legislation we have introduced in City Council

would require retail and grocery stores to charge 10 cents for each single-use bags (both plastic and paper) in order to provide incentive for customers to bring their own reusable ones. The legislation is designed to avoid logistical burdens on consumers (it's not a "ban"), and the retailers get to keep any fees collected (it's not a "tax"). The



Lander and Chin / NYC COUNCIL

Plastic bags also cost the public money

\$10M

As a city, we use a whopping 5.2 billion carry-out bags per year, and the vast majority of them are not recycled. New York City pays \$10 million in taxpayer dollars each year to transport 100,000 tons of plastic bags to landfills.

bill exempts food banks, soup kitchens and food-stamp transactions.

We're already giving away thousands of free, reusable bags — and we pledge to keep doing so. Our goal is not for people to pay extra. It's for people to bring their own bags.

Other cities (including Seattle, Los Angeles and Washington, D.C.) have enacted similar laws and have seen plastic-bag use drop by as much as 90 percent.

As a city that prides itself on innovation, there's no reason New York should be left behind. We should take

what we've learned from other cities and implement a plan that will work here. It starts with this bill.

Brad Lander is a councilman from Brooklyn and Margaret Chin is a councilmember from Lower Manhattan. Metro does not endorse the opinions of the authors.

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Date: Tuesday, April 22, 11:00am – 1:00pm. Lunch provided.

Presenters: Russell Berman, MD; Anna C. Pavlick, DO; Jennifer A. Stein, MD, PhD.

Survivor Story Moderator: Deborah Koepfel, LCSW-R.

Location: NYU Langone Medical Center. Farkas Auditorium. 550 First Avenue, at 31st Street.

LABORATORY RESEARCH: ADVANCES IN SKIN CANCER CARE.

Find out about blood-based detection of the BRAF gene and the genetics of melanoma risk, prognosis, and therapy response.

Date: Wednesday, April 23, 6:00pm – 7:30pm.

Presenters: David Polsky, MD, PhD; Tomas Kirchhoff, PhD.

Location: NYU Langone Medical Center. Skirball 3rd Floor Seminar Room. 550 First Avenue, at 31st Street.

The Melanoma Education Series is supported by U.S. Trust.

HEAD AND NECK CANCER: GET CHECKED AT NO COST TO YOU.

Risk factors for head and neck cancer include HPV infection, using tobacco, drinking alcohol, and chewing paan. A visual inspection of the head, neck, and throat will take place during this screening. Anyone over age 18 may attend.

Date: Thursday, April 24, 5:00pm – 8:00pm.

Location: Laura and Isaac Perlmutter Cancer Center. 9th Floor. 160 East 34th Street, between Lexington and Third Avenues.

No RSVP necessary. Arrive no earlier than 4:30pm and no later than 7:30pm. For information, call 212.263.2266.

CUTTING-EDGE CLINICAL RESEARCH IN MELANOMA.

Hear about new experimental treatments, such as immunotherapy, as well as how new trials are combining these methods to optimize melanoma care.

Date: Wednesday, April 30, 6:00pm – 7:30pm.

Presenters: Anna C. Pavlick, DO; Nicholas Sanfilippo, MD.

Location: NYU Langone Medical Center. Skirball 3rd Floor Seminar Room. 550 First Avenue, at 31st Street. *The Melanoma Education Series is supported by U.S. Trust.*

CONFRONTING CANCER: AS A RESEARCHER AND AS A PATIENT.

In conversation with Deborah Axelrod, MD, FACS, renowned women's health specialist Dr. Susan Love will discuss how her personal experience with AML has impacted her research and advocacy.

Date: Thursday, May 1, 6:00pm – 7:30pm.

Location: NYU Langone Medical Center. Farkas Auditorium. 550 First Avenue, at 31st Street.

RSVP: For this lecture, visit school.med.nyu.edu/mspevents

Presented with the Master Scholars Program in Humanistic Medicine.

These lectures are free and open to the public. Unless otherwise specified, you must RSVP. To attend, call 212.263.2266 or visit nyulmc.org/cancer-rsvp. View past lectures at youtube.com/nyulmc



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On Staten Island

ATV riders damage Sandy storm berms

The city is beefing up security around Staten Island's waterfront after

off-roading all-terrain vehicle riders ruined berms installed along the waterfront.

Residents say they've witnessed ATV riders go off-road along the beach in Great Kills, destroying

sand dunes installed to protect the waterfront from storms.

The berms were designed to fortify the shore in response to Superstorm Sandy.

CHESTER JESUS SORIA

First public pre-K application deadline is middle of week

Schooled. The first wave of public prekindergarten applications are due Wednesday.

New York families have just a day to meet the first application deadline for public school prekindergarten programs.

State lawmakers have allocated \$300 million per year for the next five years to fund universal prekindergarten, allowing the city to add 4,268 new full-day seats in public schools this fall.

Noting the benefits of early childhood education, Mayor Bill de Blasio and other officials urged families to apply for the seats by Wednesday's deadline.

"Pre-K is that strong foundation for lifetime learning," de Blasio said Monday.

ANNA SANDERS
@AnnaESanders
anna.sanders@metro.us



Mayor de Blasio speaks to school children in the city. / OFFICE OF THE MAYOR

What to know

Children turning 4 years old this year are eligible for public prekindergarten.

The deadline for parents to apply online is this Wednesday at 11:59 p.m.

The deadline to apply at an enrollment office in person is 3 p.m.

For more info, visit www.schools.nyc.gov, text "prek" to 877877 or call 311 or 718-935-2009.

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Fight. Airbnb heading to court over 'illegal' New York City sublets

By the numbers

200

More than 200 of the offerings came from just five hosts, according to the affidavit.

Airbnb, the online home-rental marketplace, will appear in court on Tuesday against New York Attorney General Eric Schneiderman regarding users who illegally rent out apartments.

Nearly two-thirds of New York City apartments recently listed on Airbnb were illegal sublets, according to an affidavit from the state Attorney General's office.

The affidavit, filed in court on Monday by Schneiderman's office, shows nearly 63.6 percent of Airbnb's 19,500-plus New York City offerings

for Jan. 31 cover an "entire apartment."

Schneiderman opened an investigation last year into whether hosts on Airbnb, a website that lets people put up spare rooms or couches for rent, are breaking a law that prohibits renters from subletting their room for less than 30 days. **REUTERS, METRO**

In court

Schneiderman's office first demanded in August that Airbnb turn over records of all hosts in New York State.

a subpoena in October after failing to obtain the records.

- State prosecutors issued

- Airbnb then went to court to block the subpoena.

In the Bronx

Man survives shooting in building lobby

Authorities responded to an apartment building in the Crotona Park East section of the Bronx at 11:55 p.m. on Sunday in response to a call that a man had been shot inside the lobby.

Inside, cops found a 41-year-old man with a gunshot wound in his abdomen.

Investigators said that the victim entered the building lobby moments earlier when an unknown gunman opened fire.

The victim was taken to Lincoln Medical Center, where police said he was in stable condition.

The shooter, however, fled in an unknown direction.

NYPD is asking anyone with information to contact Crime Stoppers at 800-577-TIPS. **CHESTER JESUS SORIA**

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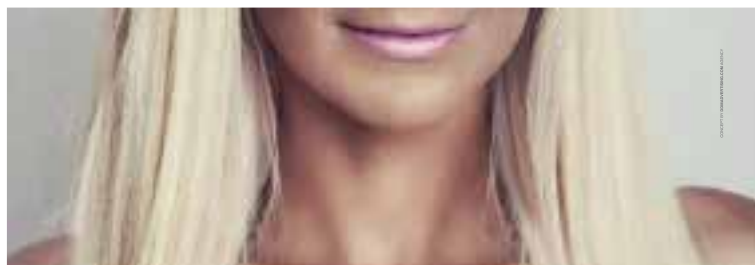
BROOKLYN / MANHATTAN / BRONX





Lego Hugman invades Chelsea park

Three Hugman sculptures have taken over Clement Clarke Moore Park in Chelsea. The figures, made using Lego's iconic bricks by New York artist Nathan Sawaya, were recently installed as part of the Arts in the Park public art program. The three sculptures use more than 50,000 bricks and took more than 100 hours to build. The park is located in Manhattan on West 22nd Street and 10th Avenue. / NYC PARKS



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Based on Natalie Merchant's recent book-and-music project *Leave Your Sleep*, this concert features nursery rhymes and lullabies by 19th- and 20th-century poets set to Merchant's beautiful melodies, with chamber orchestra, and projected illustrations by Barbara McClintock.

Tickets: \$10, \$16, \$22

Lead funding for Carnegie Hall Family Concerts has been provided by The Irene Diamond Fund.

Carnegie Hall Family Concerts are also made possible, in part, by endowment gifts from The Irene Diamond Fund, Mr. and Mrs. Lester S. Morse Jr., and the Henry and Lucy Moses Fund.

Thanks to New York City Department of Homeless Services for supporting young fathers and their families at the concert.

carnegiehall.org/FamilyConcerts
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Box Office at 57th and Seventh

Artists, programs, dates, and ticket prices subject to change. © 2014 CHC.

Stronger than ever, Boston runs as one



Runners embrace the theme of unity. / NICOLAUS CZARNECKI, METRO

Big crowd. Some 35,755 runners competed.

Fans packed the course, waving American flags and wearing T-shirts bearing the "Boston Strong" motto the city adopted as a rallying cry after last year's bombing attack. Their screams grew deafening as

American Meb Keflezighi tore through the final miles to take the win.

"It is very symbolic that an American won this race today, one year after the bombing," said Veronica Carroll, who had traveled from New Jersey to watch her husband run. "It represents the strength of our country."

Among the female runners, Kenyan Rita Jeptoo won, with Buzunesh Deba

of Ethiopia second and compatriot Mare Dibaba third. They turned in faster performances than the previous course record of 2:20:43 set in 2002 by Margaret Okayno of Kenya.

No American athlete has stood atop the podium on Boston's Boylston Street, not far from the site of last year's bombing, since 1985, when Lisa Larsen-Weidenbach won the women's race. **REUTERS**

Spectators

Fans return with defiance

Spectators sounded a defiant note on a sunny morning, vowing to reclaim the event as the joyous family-friendly occasion it has long been.

Lining up at various checkpoints near the finish line, spectators silently waited for bags to be inspected and cheered loudly as police cruised on bikes.

Marsha Quimby was seated at the corner of Boylston and Exeter streets, the same spot where she stood last year just a few feet from the exploding bombs. She did not hesitate to return and cheer on her husband. **REUTERS**

Male winner



Meb Keflezighi of the United States celebrates after winning the 118th Boston Marathon. / GETTY IMAGES

Keflezighi ends US drought for male winners

Meb Keflezighi won the Boston Marathon as fans chanted "USA! USA!" — an emotional performance in a city still recovering from last year's bombing.

Keflezighi, who was born in Eritrea but is now a U.S. citizen, pulled

ahead of a pack of elite African runners a little more than halfway into the race and held off a challenge by Kenya's Wilson Chebet. His time: 2 hours, 8 minutes and 37 seconds.

"This is probably the most meaningful victory for an American, just because of what happened here last year," Keflezighi told reporters after his win. **REUTERS**

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Supreme Court. Law on listing Israel as birthplace under review

The U.S. Supreme Court on Monday agreed to weigh the constitutionality of a law designed to allow American citizens born in Jerusalem — the historic holy city claimed by Israelis and Palestinians — to have Israel listed as their birthplace on passports.

The case concerns a long-standing U.S. foreign policy that the president — and not Congress — has sole authority to state who controls Jerusalem. Seeking to remain neutral



on the hotly contested issue, the State Department allows passports to name Jerusalem as a place of birth, but no country name is included.

The State Department,

which issues passports and reports to the president, has declined to enforce the law passed by Congress in 2002, saying it violated the separation of executive and legislative powers laid out in the Constitution.

In court papers, President Barack Obama's administration said taking sides on the issue could "critically compromise the ability of the United States to work with Israelis, Palestinians and others in the region to further the peace process." **REUTERS**

Stowaway

Teenager survives flight over Pacific in jet wheel well

A teenage boy who ran away from home survived a five-hour flight in the freezing wheel well of

a jetliner that reached 38,000 feet as it traveled from California to Hawaii, the FBI said.

The 16-year-old, from Santa Clara, Calif., quickly lost consciousness as temperatures in the compartment sank as low as minus-80 degrees

Fahrenheit, said FBI Special Agent Tom Simon.

About an hour after the plane landed on Sunday morning, the boy regained consciousness and emerged onto the tarmac at the airport in Maui, where he was spotted by ground crew. **REUTERS**



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The stats

Tabitha St. Bernard

Age: 31
Home: Flatbush, Brooklyn, New York
Lives with: Husband
Number of jobs: 3



Tabitha St. Bernard got inspired to start her fashion line after taking classes at FIT. / PROVIDED

How a fashion designer makes ends meet



The price of following your heart. TABii Just designer Tabitha St. Bernard tells us how she balances her design work with two other jobs to make a living in New York City.

event I have to go to. I can pretty much choose the events I want to cover according to what works for my schedule. I also work with people who have special needs. I have a caseload of 25 cases. I do face-to-face check-ins quarterly and phone call check-ins [sporadically].

That job is so different from your fashion career and blogging. How did you get into it?

I came to this country about 12 years ago on an academic scholarship, which gave me free college tuition. In college, I discovered psychology. I love exploring the mind and how people think. After graduation, I needed a job to keep my green card.

Quoted

"The dream is to one day focus only on my [fashion] line, but I know with that will come additional responsibilities, and my life will completely change."

St. Bernard

and that's when I started working for this agency. When I was 25, I started taking classes at the New School and the Fashion Institute of Technology. I just fell in love with fashion from an academic standpoint. I started going to FIT full-time and working at the agency part-time. They've been really supportive.

Are you still passionate about psychology and your job in that field, or are you hoping you'll be able to quit at some point?

Right now I like it because it helps keep me grounded. What I'm doing with my fashion line is very important because it's eco-fashion. But with this job, I have conversations with parents about real world issues, like how public schools can better serve children with special needs. The money has also been nice, since all the money I make from TABii just goes right back into the line. The dream is to one day focus only on my line, but I know with that will come additional responsibilities, and my life will completely change.

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When did you start your fashion line?

I started TABii Just about a year and a half ago. It's a women's clothing label that focuses on conscious consumerism. There is zero fabric waste and everything is made locally. I do it all myself out of my apartment, although I have a board of advisers who help me with parts of the business I don't know that much about.

And you also have two other jobs?

Yes. My fashion line is my main focus, but I work two flexible jobs on the side. One is as a [style] blogger, which I do from home unless I have an

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Spending. Parents aren't willing to shell out as much for prom

It's a night most high schoolers anticipate for years, thanks to the hype generated by countless rom-coms, magazines and retailers. In past years, parents have looked forward to it, too, willingly shelling out more than \$1,000 for their teen to have a memorable night. This year, not so much — prom spending is at a three-year low.

In a survey produced by Visa, the average American family will spend \$978 on prom this year, down from \$1,139. For years, prom spending reached a new high each spring, and this new low marks a turn in the tide of luxury spending for teens.

Visa also found that the money spent on prom isn't siphoned exclusively from parents' bank accounts. The survey found that parents cover roughly 56 percent of prom costs, with the remainder paid for by promgoers. Once Visa realized the amount of money that teens them-



By the numbers

56%

Percentage on average of prom costs parents cover, according to a Visa survey

Prom expenses for the average attendee run \$978. / MOODBOARD

selves were spending on prom, they developed an app to help them budget for it. The new Plan It Prom app helps teens create and stick to their prom budgets. They can track their spending as they

shop, and there are even social components, such as texting and Twitter, to include their dates and friends in their spending plans. The app is available for Android and iOS.

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2

CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Lena Dunham is not a morning person, Ricky Martin is learning how to play the game of life, Chloe Grace Moretz has some questionable taste in TV and Kevin Nealon understands women.

@lenadunham: Well, 5:30 am, we meet again, despite the fact that I just keep talking s— about you on the internet.

@ricky_martin: If u pay attention, you move ahead!

@ChloeGMoretz: Real housewives of Atlanta reunion... Omg..

@kevin_nealon: If your wife lets you use her shampoo that means she's hiding the good stuff somewhere else.

Lohan spills all

Sunday night's episode of "Lindsay," the Oprah Winfrey-produced reality show featuring America's favorite red-headed train wreck, Lindsay Lohan, was pretty dishy. Not only did Lohan drop the bombshell that she suffered a miscarriage earlier in the season, but she claims her infamous sex list was stolen from rehab.

Regarding the miscarriage, Lohan was explaining why she missed days of filming her show, which was caught on camera: "No one knows this — I had a miscarriage for those weeks that I took off," she claimed. "I couldn't move, I was sick. ... Mentally, that messes with you." The father was not named.

She also opened up about her infamous sexual conquest list, confirming the list's authenticity and shedding light on its origins. "That was part of my Betty Ford [treatment] — it's step No. 5 or step No. 8, your sexual inventory. You write that for your sponsor. That was in my Betty Ford book," she said. "That's something



"Lindsay" ended with the bombshell that she suffered a miscarriage earlier in the season. / ALL PHOTOS GETTY IMAGES

I didn't show anyone aside from my sponsor, who's also a very well-known person."

So how did the list make its way into the pages of tabloid In Touch? "When I was moving and I was at the Beverly Hills

Hotel, there were two people there who helped me move," the troubled starlet says. "Someone took a photo [of my Betty Ford book] and I'm pretty sure I know who it is, and they're not part of my life anymore."

Peaches Geldof's coffin features a painting of her family

Well, this is the saddest thing ever.

The coffin of 25-year-old Peaches Geldof featured a painting of her with her young family, including her husband, musician Thomas Cohen, and two young sons, Astala, who will turn 2 next month, and Phaedra, who will turn 1 later this month. If that weren't sad enough, two of the family's dogs as well as their cat are also included on the coffin artwork.

Geldof was buried Monday in Kent. Such notable figures as Sarah



The coffin of Peaches Geldof was painted with a portrait of her young family —including their pets.

Ferguson, former Rolling Stones bassist Bill Wyman and Kate Moss were at

her funeral with Geldof's father, Sir Bob Geldof, reportedly giving the eulogy.

Talking points

Moore going to India during Kutcher's wedding

Demi Moore is looking to be anywhere but Los Angeles for ex-husband Ashton Kutcher and Mila Kunis' big wedding, according to Star magazine. "Demi is tapped into Ashton and Mila's wedding planning, and she's telling friends that she's going to get out of town during the timeframe of when the wedding and pre- and post-wedding festivities will go down," a source says. "Demi knows she'll have to endure hearing about the affair ... and seeing pictures. But the wound is still fresh from their divorce, and Demi doesn't want anything to trigger a relapse." So just what will she be doing instead? "When she gets word ... about the exact date,

she's booking a trip to the yogic spiritual center of India, Rishikesh, where she'll submerge herself in days of waking at 4 a.m., chanting, meditation, yoga by the Ganges River, light eating of only meager portions of vegan foods and dressing in saffron-colored robes. She'll be cut off from all technology including phones, Internet and TV," the source says.



THE WORD

Dorothy Robinson takes on the world of gossip.

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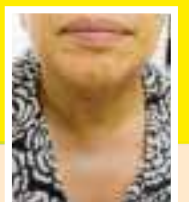
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Collaboration.

Aimee Mann and Ted Leo team up for "something that is its own thing."

What began with a cool double bill of Ted Leo opening for Aimee Mann has blossomed into a full-fledged collaborative project that they've dubbed The Both.

"There was a duet that I had asked Ted to come out and do with me during my set, and then there was a song in his set that I really wanted to play bass on," says Mann of the partnership that began on her 2012 "Charmers" tour. "We kept cross-pollinating

our sets, and eventually it felt like, 'Well, let's do some songs together.'"

With a self-titled release out this week, The Both combines two individual styles that at first might not seem so obvious.

"I bring a little punch and distorted guitar," Leo explains. "Aimee brings a little more considered lyricism and content. And hopefully they kind of create something that is its own thing." Mann says part of what brings two longtime solo acts together is that it's nice to have a little company onstage.

"There's always some [point] in a show where things get kind of hectic, like a piece of equipment breaks down, someone makes a mistake or there's

some weirdo in the audience," she says. "Or you're just having a bad night. It makes all the difference to look across the stage and see your pal and know that things will be all right."

Leo adds that they keep each other in check.

"I tend to race ahead when I'm playing, and Aimee keeps things a little steadier," he says.

Leo tends to race ahead when thinking about the future of The Both, too.

"We're planning the falling out, because you have to book things so far in advance these days that we have to get on booking our eventual cash-grab reunion tour soon," he jokes.

LISA WEIDENFELD
@MetroBOS
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Aimee Mann and Ted Leo are The Both. / CHITIAN LANTRY

Doppelgangers

The Both: SVU

Aimee Mann's "Charmers" music video features Laura Linney as a robotic look-alike who attends signings for the singer. But who would play Ted Leo? He's hoping for a "Law & Order: SVU" crossover, with Christopher Meloni "as me and Mariska [Hargitay] as Aimee, and we would have a singing detective thing going."

Failing that, the only other actor with sufficient gravitas to bring the Ted Leo story to life? Clint Eastwood. When Mann suggests Paul Rudd, Leo isn't having it. "Paul Rudd would be a terrible me," he says. "[It's] more like Denis Leary."

Quoted

"We kept cross-pollinating our sets, and eventually it felt like, 'Well, let's do some songs together.'" Mann

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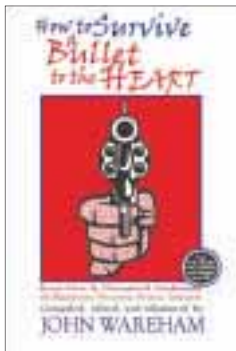
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National Poetry Month. Prisoners turn pain into art

April celebrates poets of the past, as well as new wordsmiths. But some people can't perform their art at local bars' open mic nights or even on the subway. They are locked up, serving time for a crime and working through what brought them there. John Wareham compiled a book of poems from prisoners, "How to Survive a Bullet to the Heart." Here are two of them, exclusively reprinted here.

EMILY LAURENCE



a blessing.
Judgement Day is life's undressing.
Caress what is to be your rest;
love, in time, will be your test.

More to It

By Rudy Bisnauth

There's more to it than cuffs and crackles.
More to it than pain and shackles.
More to it than days and nights.
More to it than oozing life.
More to it than parsing crime.
More to it than counting time.

I woke and saw that pain's

Poem

Embraces

By Josue "Big Bear" Pierre

Even after all these years
visiting day, I must say,
can leave me in tears.

To see loved ones I first
strip naked
and consent to be
degraded.

Needless to say
to embrace the faces
who journey the day
to this cold chalet
come in answer
to what I pray.

Being with those I love
is joy
but too soon time flies,
then comes goodbye.



Befriending a homeless man



Poem

'The Life and Times of Richard Musto'

Exclusively reprinted in Metro, the first words of the book:

It's out on the street
Where such stories begin
As we're rushing to work
Late for a meeting
Or mindlessly drifting
Amidst the densely packed throng
That's where we
People of the Midtown South
Precinct step the most lively
Alone yet primed and ready
To love unrequited
The next passing stranger
Just as Baudelaire did
Or else if we dare
We might stop and inquire
Where someone is from
Not in the least prepared
For whatever comes next

Living poetry.

"The Life and Times of Richard Musto" tells the story, through a poem, of someone you might have passed on the street dozens of times.

They're the people we pass every day and try not to look at. Whatever excuses we tell ourselves to keep our distance — they just want money; I don't have time; they're either crazy, on drugs, or both — poet Joe Lampert stopped making them. Instead, he formed a close friendship with a man who lived in a cardboard box, getting to know his past, present and hopes for the future. The result is "The Life and Times of Richard Musto," a story told through poetry about the 89-year-old World War II vet.

Celebrating National Poetry Month isn't just about remembering the great poets of the past. Hearing Musto's story just may inspire you to pen your own poem about someone you see every day or a part of the city that's usually overlooked.



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If you frequent Midtown South, chances are you've walked by Richard Musto. / MICHEL DELSOL

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Tuesday at the Tribeca Film Festival

Movies. A jazz titan, a massive hangout session and a monk walking slowly shine on Tuesday.

'Keep on Keepin' On'

2:30 p.m., AMC Loews Village 7

The name Clark Terry doesn't ring many bells outside jazz circles, but rest assured, he's a jazz

musician's jazz musician. The swing and bebop trumpeter played with Count Basie and Duke Ellington; he taught Quincy Jones, then shocked him by joining his group. But really, Alan Hicks' doc could stand more history lessons (or at least great stories). Half the running time is devoted to Terry's latest mentorship — with young, blind pianist Justin Kaulfin — while Terry, who's in his 90s, languishes with health issues. This business is moving, but it gets in the way of learning more about a sadly obscure titan.

'Gueros'

7 p.m., Bow Tie Cinemas Chelsea

The latest exciting voice from modern Mexican cinema, director Alonso Ruizpalacios, makes his feature debut with this old-school hangout picture. Set over a day during a monthlong student strike, "Gueros" finds slacker roommates tasked with watching over one of their teenage brothers. Boredom leads to pranks, which lead to an all-night journey that, unfortunately, yields some pat lessons. But Ruizpalacios has an odd

Slow trails

'Journey to the West'

The latest from Taiwanese minimalist Tsai Ming-liang is a series of long takes that follow a monk walking very, very, very slowly in public places. In other words, it needs to be seen in a theater. Mind-clearing and playful, it often buries the monk in "Where's Waldo?" positions in dense frames, or even delays his entrance just to drive you batty. **5:30 P.M., SVA THEATRE**



A monk (Lee Kang-sheng) slowly traverses city spaces in "Journey to the West." / TRIBECA



"Gueros" hangs with youths bored out of their minds during a student strike. / ALEJANDRA CARBAJAL

sense of humor and a black-and-white film style that — while reminiscent of 1990s indie cinema and the work of fellow countryman Fernando Eimbcke ("Duck Season") — lends idiosyncrasy and poetry all its own.



MATT PRIGGE
@mattprigge
matt.prigge@metro.us

In brief

'Land Ho!'

Aaron Katz and Martha Stephens' sneaky odd couple travel romp takes two ex-brothers-in-law (Paul Eenhoorn and Earl Lynn Nelson) to Iceland, where they both embrace and subvert clichés.

Profound at times, the film is also populist enough to blast the pop song "In a Big Country" twice.

9:30 P.M., SVA THEATRE

'Ballet 422'

A shockingly non-

sensationalistic look at ballet life, Jody Lee Lipes' doc portrays the various struggles to create a piece of art. The star is Justin Peck, a 25-year-old New York City Ballet member struggling to choreograph the company's 422nd work. **7 P.M., AMC LOEWS**

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TV watch list

Drama

'Glee'

Rachel makes her Broadway debut in "Funny Girl." Remember when she was just a high school drama nerd?
FOX, 8 P.M.



TYLER GOLDEN, FOX

Comedy

'The Mindy Project'

Mindy tangles with a police officer about prescribing birth control pills for his teenage daughter. Good luck, Mindy. FOX, 9:30 P.M.

Reality

'The Real Housewives of New York City'

A Fourth of July celebration in the Hamptons leads to some interpersonal conflicts. Are they celebrating that holiday really early or really late?
BRAVO, 9 P.M.

LISA WEIDENFELD

Drama

'Marvel's Agents of S.H.I.E.L.D.'

Joss Whedon alum Amy Acker guest stars as the true love of Agent Coulson (Clark Gregg). Next step: adding Buffy to the Avengers squad.
ABC, 8 P.M.

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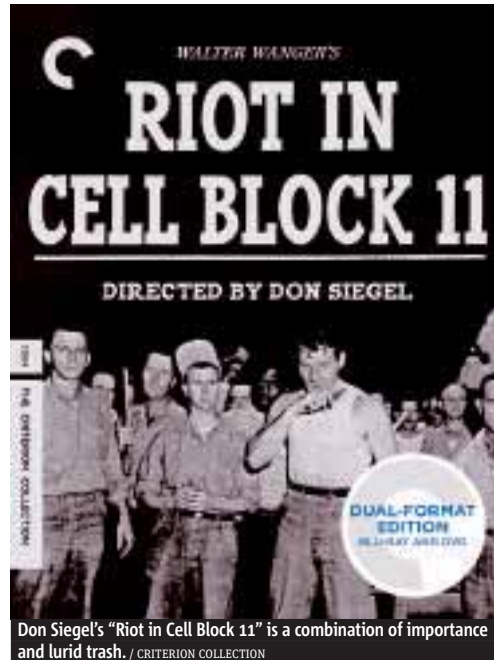
'RIOT IN CELL BLOCK 11'
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'Riot in Cell Block 11'

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In 1951, Hollywood producer Walter Wanger shot a man. Wanger thought his wife, the star Joan Bennett, had been carrying on an affair with her former agent and, in a fit of jealousy, shot him twice. It wasn't fatal, and Wanger wound up with a four month stint in the slammer. He emerged enraged at the prison system's deplorable conditions, which saw overpacked cons all mixed together, plus a staggering recidivism rate. Perhaps more importantly, he had a movie.

But if "Riot in Cell Block 11," a low budget number from 1954 with no big stars, is a liberal message movie, hoping to impact change, it doesn't always feel it. From the lurid title down, it marries do-gooderism to exploitation. Wanger even hired one of the great vulgarians to direct it: Don Siegel, who would soon helm



Don Siegel's "Riot in Cell Block 11" is a combination of importance and lurid trash. / CRITERION COLLECTION

"Invasion of the Body Snatchers" (and later "Dirty Harry").

There's a fair amount of sweaty bodies and hard violence in "Riot in Cell Block 11," which Siegel

films with his trademark energy. But the film is very careful about viewing the events clearly and with humanity. Nearly all on-screen are sympathetic — and also, sadly, powerless.

Cage in his prime

NICOLAS CAGE
TWILIGHT TIME

'Wild Heart'

Taking a break from "Twin Peaks," David Lynch indulged in his hard-R side, with Nicolas Cage and Laura Dern as lovers who hit the road for Lynchian hijinks.

Also out



'Get Carter'

Michael Caine is rarely more intimidating than he is in this moody 1971 British revenge pic, in which he barrels through the men who killed his brother.

'Bettie Page Reveals All'

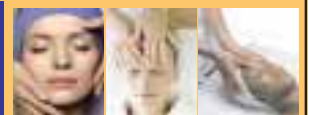
Shortly before her 2008 death, the former pin-up girl sat down for this documentary, correcting certain misconceptions about her, including those peddled in the 2005 biopic with her name.

'The Pawnbroker'

One of the key films that killed the Production Code in Hollywood, Sidney Lumet's 1964 drama focuses on a concentration camp survivor (Rod Steiger) unraveling in present day Harlem.

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Eco-travel in the Florida Keys



Ecotourism. Plus: Tips for choosing a green vacation.

The Florida Keys, a string of islands between the Atlantic Ocean and the Gulf of Mexico, is home to the only living coral reef in the U.S. That is, it's alive, but barely. Snorkeling above the Keys' Sombrero Reef reveals branchless, bleached coral and few fish. Coral is an animal with living tissue, and when that tissue dies all that's left are bones. With the reef's ecosystem damaged, creatures decline, accelerating the demise.

Ecotourism is about interacting with nature without dominating or harming it. Instead of killing or capturing animals, visitors here observe and experience them on their turf and on their terms. It's an enormously different, far more intimate experience than seeing caged animals in zoos or captive sea mammals in aquariums.

As the Keys' tourism depends on fertile waters, ecotourism is more than just a buzzword here: It's a strategy for survival. Catch-and-release fishing and limiting catches are encouraged; instead of jet skis, more businesses offer paddleboarding and kayaking; and veteran resorts like Islamorada's Cheeca Lodge & Spa ban thrill craft like jet skis to protect shallow waters' turtle grass and fish breeding grounds. Cheeca Lodge also offers in-room recycling via designated bags. It seems like a small measure, but given the volume of tiny shampoo bottles discarded each day alone, the long-term impact is huge.

Environmental and animal protection in the Florida Keys began more than a century ago with the creation of the Key West National Wildlife Refuge, which protects about 2,000 acres of unpopulated islands and 200,000 acres of marine waters. In 1938, the Great White Heron National Wildlife Refuge opened to provide safe breeding areas for these South Florida natives, which are North

Do it right

Follow the rules

The Global Sustainable Tourism Council and Sustainable Travel International are establishing universal guidelines for destination sustainability. However, whether habitats survive depends on individual behavior. Even something as simple as switching sunscreens (the Coral Restoration Foundation recommends the reef-friendly 3rd Rock Sunblock) helps. According to Environmental Health Perspectives, between 4,000 and 6,000 metric tons of sunscreen washes off swimmers into the ocean annually, bleaching coral and killing it.

Dr. Kelly Bricker, chair of the Global Sustainable Tourism Council, gave

us the ground rules of ecotourism:

1 "The actions and activities of the ecotourist support conservation and all living beings within the ecosystem they visit."

2 "The actions and activities of the ecotourist respect local communities and provide direct financial support."

3 "The ecotourist does their homework to support travel businesses that are built on sustainability, have low-impact activities that directly support conservation efforts, provide a meaningful, quality experience and enhance the learning and awareness of the traveler."



Go kayaking in Key Largo to take in your surroundings. / LINDA CLARKE

America's largest wading bird. The National Key Deer Refuge was established in 1957 to protect more wildlife, notably the threatened indigenous small Key deer.

Decline in the Keys' coral reef became noticeable in the 1970s, but it wasn't until 2003 that the Coral Restoration Foundation was formed in Key Largo to counteract the ravages of disease, climate change and pollution. The group's work has spread to other coral-depleted areas in Colombia and the Caribbean. This year, the foundation aims to transplant 20,000 pieces of coral in the Keys' nurseries. Given the dire

situation, however, is it too little, too late?

"We're very optimistic that the coral reef will come back," the Coral Restoration Foundation's Jessica Levy says. "There are so many angles and obstacles, and getting the transplant volume out there and making sure past mistakes aren't repeated is crucial."

"Still, the first transplants took nine years to spawn. Now, the coral are spawning only two years after transplantation," she beams. "That's huge."

LINDA CLARKE
@metronewyork
letters@metro.us



Ken Nedimyer, president of the Key Largo-based Coral Restoration Foundation, poses in the organization's coral nursery.

CORAL RESTORATION FOUNDATION



Visit the Florida Keys

1 Fly: American Airlines has daily direct flights to Miami International Airport.

2 Stay: Cheeca Spa & Lodge, Islamorada: Room rates from \$269; 800-327-2888. Tranquility Bay Beach House Resort, Marathon: Room rates from \$239; 305-289-0888.

3 Eat: Most restaurants serve local, responsibly harvested fish, including Cheeca's Atlantic's Edge and Chef Michael's, which is among the Keys' best restaurants: 305-664-0640.

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"Moms tell me they buy their sons dolls, and they just throw them against the wall. There are other ways to practice nurturing and being empathetic, like helping care for a family member or pet." Brown



Parenting without gender stereotypes in a pink and blue world

New book. Find out how labeling children by gender can permanently impact them.

Anyone who has tried buying a gender-neutral gift for a child knows how limited the options are. But Christia Spears Brown, author of "Parenting Beyond Pink & Blue," says you can still buy "girl" and "boy" toys for your children without scarring them for life.

"There are two important things to keep in mind," Brown tells us. "One is to think about the kind of traits and skills you want your child to develop. The other is to remember that kids learn from every toy you give them, so you need to give them toys that will foster those traits and skills. ... You have to meet kids where they are. Some girls really enjoy feminine toys, and some girls don't. If your girl does, that's fine. There's nothing wrong with pink LEGOs."

Brown says it's important to pay attention to gender stereotypes, even when your children are very young, because as kids get older, they face different issues largely



"Parenting Beyond Pink & Blue," by Christia Spears Brown, comes out today. / PROVIDED

what happens at school or on play dates. "You can't control the outside world," Brown agrees. "Parents have to make sure that they're the loudest voice in the den of voices, so when other people are giving your kids messages, your voice is part of the messages that they hear."

Even being an expert in this field and practicing what she preaches, she admits that her own daughters still challenge her. "When my daughter was 4 years old, she loved princesses. Of course, I can't stand princesses, so I asked her, 'What is it that you like about them?' She told me she liked that they wore sparkly pretty clothes. Well, I don't have a problem with sparkly pretty clothes. What I don't like is the focus on appearance and waiting for the boy to come and save you."

"So I introduced her to Wonder Woman, who has a sparkly belt, tiara and bracelets. It really took off with my daughter. You can't just be anti-princess or anti-girly toys. It's about what's good about the toy that you can keep, and how you can reject the things that are bad."



EMILY LAURENCE
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stemming from such stereotypes. She cites that by third grade, 70 percent of girls don't like the way their bodies look, while boys often have problems with aggression and expressing their emotions. She believes that raising kids in a way that makes gender irrelevant helps to counteract these problems.

A lot of parents say this is easier said than done. "Moms tell me they buy their sons dolls, and they just throw them against the wall," Brown says. "There are other ways to practice nurturing and being empathetic, like helping care for a family member or pet."

Other parents complain that you can't control

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Taking time for yourself without feeling guilty

Life after kids.

Lifestyle blogger Jordan Reid shares her tips on how to feel like more than just a mom.

"Ramshackle Glam" author Jordan Reid knows that becoming a mom can make it hard to remember who you used to be. Here, she shares advice on staying sane while entering motherhood.

Let go of the guilt

"The sense of guilt about taking time for yourself is enormous," Reid says. "But the best thing you can do as a parent is remember that your happiness matters, too. ... Take shortcuts. I use a two-minute beauty routine instead of creating a smoky eye or whatever I

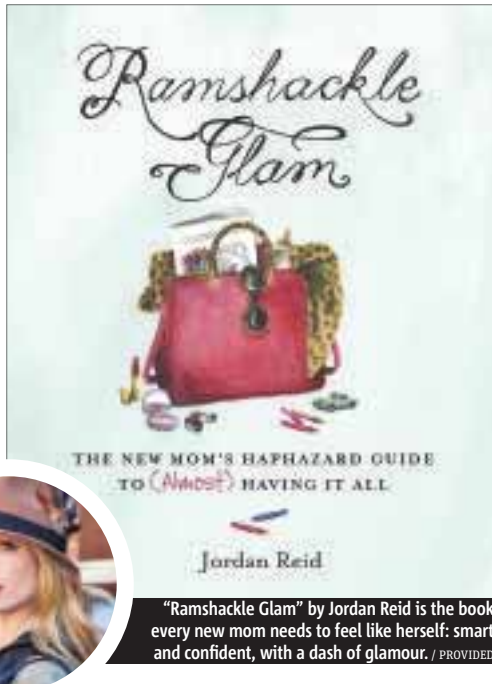
used to do. There are ways to feel like you're taking care of yourself that really don't take any time at all."

Make time for friends

Reid was the first in her group of friends to have a baby, and maintaining friendships has been a struggle. "Be flexible, but be honest and ask your friends to come over [instead of meeting them out] if you need them to. If they're really your friends, they'll come," she says.

Streamline your wardrobe

Between breast-feeding, changing dirty diapers and lack of sleep, putting on a cute outfit is sometimes



"Ramshackle Glam" by Jordan Reid is the book every new mom needs to feel like herself: smart and confident, with a dash of glamour. / PROVIDED

the furthest thing from a new mom's mind. But wearing something you feel confident in can be energizing. "Find a silhouette you like and build around that. I like wearing a relaxed silhouette, so my wardrobe consists of relaxed T-shirts in neutral colors. Then I just build with a lot of leopard print and accessories," she says.

Don't hold grudges

When you're stressed out and tired, both you

and your partner can say something regrettable. Reid's philosophy for this is to "love each other, take it back and then let it go." "You're both going to say things you don't mean. You have to let each other take them back," she says.

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Makeup quickie

Minimize your beauty routine

Just because you take five minutes to put on a little makeup does not make you a bad mom, and it can truly transform your mood. Reid shares her favorite two-minute beauty routine in "Ramshackle Glam." "Just dab a tiny bit of concealer on six spots on your face: the outer corners of your eyes, the outer corners of your mouth and the corners of your nose. It will instantly make you look more awake." She also says she's a big fan of beauty products that pull double duty, like moisturizer with SPF or a lip balm that also adds color.



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NOTICE OF PUBLIC HEARING

NOTICE OF A FRANCHISE AND CONCESSION REVIEW COMMITTEE ("FCRC") PUBLIC HEARING to be held on Monday May 12, 2014 commencing at 2:30 PM at 22 Reade Street, Borough of Manhattan on the following items: 1) a proposed information services franchise agreement between the City of New York and Metro Fiber Co., LLC; and 2) a proposed telecommunications services franchise agreement between the City of New York and Metro Fiber Co., LLC. The proposed franchise agreements authorize the franchisees to install, operate and maintain facilities on, over and under the City's inalienable property to provide, respectively, information services and telecommunications services, each as defined in the respective franchise agreements. The proposed franchise agreements have a term ending June 30, 2021, subject to possible renewal to the fifteenth anniversary of the date the agreements become effective, and provide for compensation to the City to begin at 30 cents per linear foot in Manhattan and 25 cents per linear foot in other boroughs, escalating two cents a quarter thereafter, subject to certain adjustments.

A copy of the proposed franchise agreements may be viewed at The Department of Information Technology and Telecommunications, 2 Metrotech Center, 4th Floor, Brooklyn, New York 11201, commencing April 21, 2014 through May 12, 2014, between the hours of 9:30 AM and 3:30 PM, excluding Saturdays, Sundays and holidays. Hard copies of the proposed franchise agreements may be obtained, by appointment, at a cost of \$.25 per page. All payments shall be made at the time of pickup by check or money order made payable to the New York City Department of Finance. The proposed franchise agreements may also be obtained in PDF form at no cost, by email request. Interested parties should contact Roxanne Chambers at 718-403-6730 or by email at RChambers@dott.nyc.gov.

NOTE: Individuals requesting sign language interpreters at the public hearing should contact the Mayor's Office of Contract Services, Public Hearing Unit, 253 Broadway, 9th Floor, New York, New York 10007, (212) 788-7490, no later than SEVEN (7) BUSINESS DAYS PRIOR TO THE PUBLIC HEARING. TDD users should call Verizon relay service.

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How parenting styles can lead to childhood obesity

New study. Many parents unknowingly cause their child to stress eat.

Parents who regularly punish or dismiss their children's anxieties could be setting their kids up for obesity, warns a new study. That's because kids who fail to learn how to regulate their negative emotions — a skill that can be fostered by affirmative parenting — are more likely to turn to food for comfort, which can eventually lead to obesity.

That's the overarching conclusion of a University of Illinois study, which found a connection between poor parenting skills, defined in the study as "insecure parents," and a child's propensity for consuming junk food.

"The study found that insecure parents were significantly more likely to respond to their children's distress by becoming distressed themselves or dismissing their child's emotion," says lead author Kelly Bost.

"For example, if a child went to a birthday party and was upset because of a friend's comment there, a dismissive parent might tell the child not to be sad, to forget about it. Or the parent might even say, 'Stop crying and acting like a baby or you're never going over again,'" she explains.

Instead, parents should learn to help their children describe what they're feeling and work on problem-solving strategies with them. Insecure parenting was also related to "comfort feeding," as well as fewer mealtimes and more screentime, all



If you are not addressing your child's anxiety, you could be causing him or her to stress eat. / COLOURBOX

known factors that have been linked to unhealthy eating habits and childhood obesity.

For the study, 497 parents of toddlers ages 2 and 3 were asked 32 questions that gauged the nature of their relationship with their children. Parents were also asked to rate themselves on a scale that measured depression and anxiety. They then responded to questions about how they handled their children's negative emotions, family mealtimes and the estimated hours of TV viewing a day.

Meanwhile, a study out of the Hospital for Sick Children in Toronto released last year also found that preschool children are less likely to be obese if they live in a safe neighborhood and within walking distance of parks and retail services.

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Horoscope

Taurus | April 21-May 21. There is someone you can't stop thinking about. Get in touch with this person, share your feelings and plan something special.

Gemini | May 22-June 20. Be ready for a moneymaking or professional opportunity to come your way. Network with your peers for career options.

Cancer | June 21-July 22. You'll face opposition if you voice your opinion. There is someone in your circle who may be able to offer some helpful advice. Make choices based on your needs.

Leo | July 23-Aug. 22. Social media could offer valuable insight regarding future job prospects. Consider what interests you the most, do your research.

Virgo | Aug. 23-Sept. 22. Physical activity will be challenging but rewarding. You can improve your self-image and make new friends. Enjoy close encounters.

Libra | Sept. 23-Oct. 22. Give someone you are questioning the benefit of the doubt. An honest mistake is not worth the cost of friendship.

Scorpio | Oct. 23-Nov. 21. Learn something new. Whether you comb the Internet or do some research at your local library, there's plenty to discover.

Sagittarius | Nov. 22-Dec. 21. This is not a good time to lend cash or possessions to others. An interesting investment will increase your income.

Capricorn | Dec. 22-Jan. 20. Don't give in to pressure. Make your decisions based on facts. Take your time and wait until you are absolutely sure that you're making the best choice.

Aquarius | Jan. 21-Feb. 18. You might be tempted to get involved in a questionable activity. Intrigue must not entice you to participate in a shady endeavor.

Pisces | Feb. 19-March 20. The attention you offer a younger person will be appreciated. If you are patient, your compassion will help you form an ally.

Aries | March 21-April 20. Don't let an emotional situation ruin your day or a relationship with someone special. Honesty will help alleviate discord.
BERNICE BEDE OSOL

Letters

Change your mind on climate change

Re: 'Earth Day preview' (Metro, April 21)

It's laughable to be lectured about why Americans should change how they think and live by the multimillionaire actors Chris Noth and Matthew Modine, who reside in multimillion-dollar properties and travel in energy-guzzling jets and limousines. Modine calls those who question man-caused climate change "ignorant asses." Well, Modine is the ignorant one, as science and facts are becoming increasingly at odds with him and other true believers like him. If your science is so good, you don't "lose"

original scientific "data," such as global-warming scientists did when asked for their research data.
TOM WARD, VIA EMAIL

Illegal lawlessness

I find it very disturbing that our government leaders, both locally and nationally, fail to understand the term "illegal." A person who enters this country illegally should automatically be liable for deportation, whether they've committed a crime or not. They already committed a crime by sneaking into this country.
KEN WENDELL, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.



Sudoku: Easy and hard

					9	7	8	6
	4	6				9		
		3	8		2			
4			7	8		6		
			5		6			
		7		4	3			8
			6		5	3		
		2				5	7	
1	3	5	9					

	9		2	5				6
	7		8	9				
3			7	1				
7	1					9		
6		2			8		7	
	4					2	1	
			8	7			3	
			9	4		6		
5			1	3			4	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Juicy pear
- 5 Ranis' spouses
- 10 Aloe —
- 14 Like a rain forest
- 15 Wyoming neighbor
- 16 Bing Crosby tune
- 17 "I, —" (rock autobiography)
- 18 Cilia possessor
- 20 Says hoarsely
- 22 Pleases greatly
- 23 Vote
- 25 Link up
- 26 Conviction
- 27 Is able to
- 28 "Wool" on clay sheep
- 32 "Omigosh!"
- 33 Silly comedy
- 35 Yin complement
- 36 Part of TGIF
- 37 "— Vadis?"
- 38 Md. neighbor
- 39 First cousin's mom
- 41 Bossa nova kin
- 43 German industrial region
- 44 101 and I-25
- 45 Diminish
- 46 Celtic priests
- 48 Arm bone
- 50 Kind of penguin
- 51 Trawler nets
- 54 Noted wise guy

Down

- 55 Street urchin
- 57 Technical sch.
- 61 Lepton locale
- 62 Made public
- 63 Pirates' base
- 64 Graceful wrap
- 65 Mrs. Helmsley
- 66 Sherpa's sighting
- 1 Mayo go-with
- 2 Ja, to Jacques
- 3 Common ID
- 4 Sheen or Parker
- 5 Overcharges (2 wds.)
- 6 Make fit
- 7 Pickle holders
- 8 "Gotcha!"
- 9 Whoever
- 10 Opening
- 11 Give off heat
- 12 Casanova type
- 13 Jacket features
- 19 Bulldogs backer
- 21 Pub pint
- 23 Lebanese port
- 24 Downhill skiing
- 25 John — Astor
- 26 Without doubt (2 wds.)
- 27 Ant's morsel
- 29 Pineapple source

- 30 Encroach on
- 31 Petri dish gels
- 34 Red Sea gulf
- 40 Tidal wave
- 41 Kind of pleasure
- 42 Book appendixes
- 43 With poor grace
- 47 — room (den)
- 49 Moon buggy
- 50 UFO passenger
- 51 Fraus, in Sp.
- 52 "I could — horse!"
- 53 Frankenstein's gofer
- 54 Big hairdo
- 56 "— upon this quiet life!"
- 58 Glasgow turndown
- 59 Convene
- 60 Part of TNT

Yesterday's answer

MSS	CHAFE	RYAN
GILT	LATEX	OISE
ELL	ISLET	MESA
REMNANT	TRIPLET	
DECAL	USED TO	
FETISH	ARDOR	
ORONO	FREE SNIP	
AD	PRECISE	MISU
LADD	OMEN	BLEEP
ELLEN	COAXES	
DELSOL	YARNS	
ICECUBE	BUY TIME	
DOGE	ALGAE	IRON
ULLAN	CHEST	NAIRD
PELT	KITES	GEE

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
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51	52	53					54							
55							56				57	58	59	60
61						62					63			
64						65					66			



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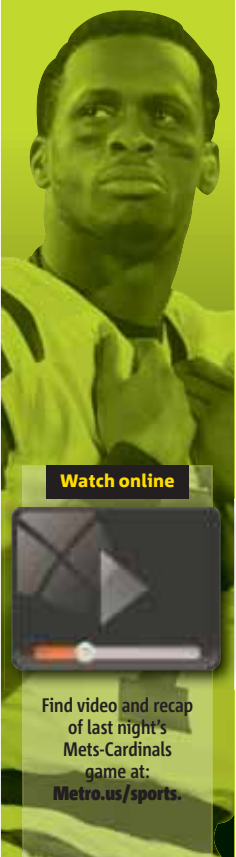
3

SPORTS

Football season?

Smith confident he'll be starter

The Jets and Giants both opened organized team activities on Monday, but it was in Florham Park, N.J., at the Jets' facilities where the biggest talker emerged — as usual. Quarterback Geno Smith was asked about the team bringing in Michael Vick to compete for the starting job. Smith said he plans on winning the competition. "I just feel I'm more than capable of being a starter," Smith said.



Watch online



Find video and recap of last night's Mets-Cardinals game at: Metro.us/sports.



Paul Pierce and fellow Nets teammate Kevin Garnett heard loud boos from the crowd anytime they touched the ball. / GETTY IMAGES

Pierce feeling fine

NBA playoffs. The veteran looked washed up last year but he was back with a vengeance in Game 1.

If Paul Pierce appeared spent during his final six games with the Celtics in a first-round playoff loss to the Knicks, it's because reality matched the perception.

Last year, Pierce averaged 33.4 minutes and the burden of being the main

scoring option after Rajon Rondo injured his knee seemed to wear on him.

"I feel a lot better [this year]," Pierce said Monday after practice. "I mean, I thought throughout the regular season with the Rondo injury it really physically and mentally took a toll on me. I started playing around the 40-minute mark, I think, the second half of the season and I was kind of spent in the playoffs."

Pierce backed up feeling better by playing better in the fourth quarter of Game 1 in Toronto. He scored nine points in

Quoted

"It's the best. ... It's a good feeling to have them silenced [after] the whole 48 minutes of yelling at you."

Alan Anderson, Nets guard, on the hostile crowd at Air Canada Centre in Game 1

the final 2:58, prompting shouts of "That's why they brought me here!" to the Air Canada Centre crowd, which went around the world on video after the win.

"I think [head coach] Jason [Kidd] did a great job throughout the regular season, limiting the minutes and giving me

the days off in practice and in certain games to where I'm well-rested and ready," Pierce said.

The Raptors host the Nets in Game 2 Tuesday night (7:30, YES Network/NBATV).

LARRY FLEISHER
@LarryFleisher
sports@metro.us

Top 3 choices



Who will replace Mike Woodson?

The Knicks finally dropped the ax on head coach Mike Woodson Monday morning. But the speculation over his successor has been raging for weeks. We break down three top candidates.

1 Steve Kerr

Kerr, who won three NBA championships playing for Phil Jackson in Chicago, seems to be the most-talked-about choice. He has no coaching experience, but that's not a hindrance. The lack of experience is the newest trend in coaching, look at Jason Kidd and Mark Jackson.

2 Brian Shaw

It's tough to bail on a team after one season, but Shaw is a prime Jackson target. The 48-year-old former Lakers assistant took over as head coach of the Nuggets last season.

3 Derek Fisher

First, Fisher will have to retire as a player. But if he does, as he's claimed he will once the Thunder is bounced from the playoffs, he could quickly follow the Kidd path. **MARK OSBORNE**

NHL playoffs. Rangers focused on getting better offensive chances

The Rangers' mantra for the next two games is simple: Be better than they were Sunday afternoon.

"At this time of year, you can't play OK," head coach Alain Vigneault said after Monday's practice. "You have to play better, and that's what we need to do."

In this case, it is an issue of creating traffic in front of goaltender Ray Emery. After jumping out to a 2-0 lead in the

By the numbers

33-25

The Rangers outshot the Flyers, 33-25 in Game 2, but couldn't get any past Ray Emery with many attempts coming from the perimeter.

first 8:22 on Sunday, the Rangers were essentially limited to perimeter shots for the remainder of the game.

"Give them credit: They did a good job of

clogging up the neutral zone and shutting us down. We didn't get a lot in the third," Vigneault said. "Have any of our goals so far been because he hasn't seen the shot or because we've moved [the puck] pretty quick and he hasn't been able to get to it? I think there's a combination of both."

Emery will be back in net for Game 3 with starter Steve Mason still injured. **DENIS GORMAN**



The Flyers host the Rangers in Game 3 on Tuesday at 8 p.m. on CNBC and MSG. / GETTY IMAGES

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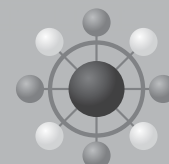
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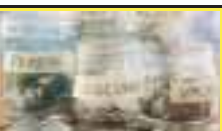
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